

The Power of Asian American, Native Hawaiian and Pacific Islander Cultural Practices in Healing



We will be starting soon, thank you for joining us!

SAMHSA
Substance Abuse and Mental Health
Services Administration

MAY 29, 2024
9am HST • 12pm PST • 3pm EST

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The Power of Asian American, Native Hawaiian, and Pacific Islander Cultural Practices in Healing

Wednesday, May 29, 2024
9am HST. 12pm PST. 3pm EST.

WELCOME & INTRODUCTIONS – FACILITATOR

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Kathleen Wong (Lau), Ph.D.
Project Facilitator at 'Ohana CoE,
University Diversity Officer at
California State University East Bay

Learning Objectives

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During this webinar, participants will:

- Learn about applying cultural frameworks central to building trust and community engagement in behavioral health care services and support during times of community crisis for AANHPIs.
- Gain literacy on key cultural concepts of health, community identity, and wellness for AANHPIs.
- Hear on-the-ground experiences of building behavioral health support using these principles during the continuing recovery and healing in Lahaina, Maui.

Zoom Logistics

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Share comments and ask questions in the **Q&A box**



Closed captioning is available through Zoom using the **CC button / Full Live Transcript** option



Resources and the recording will be available following the event

Continuing Education

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Papa Ola Lokahi as our project partner, has been designated as an approved provider of social work continuing education contact hours by the National Association of Social Workers Hawai'i Chapter. Papa Ola Lokahi maintains responsibility for the program. This training has also been approved by Hawai'i Department of Health, Alcohol and Drug Abuse Division for CSAC, CCS, CPS, CCJP, CSAPA credit. While both credentialing bodies are Nationally recognized, we recommend folks check with their local credentialing body to make sure they will accept these credits.

For those wishing to claim continuing education credit, The link for your attendance verification will be dropped in the chat at the conclusion of today's session, as well as sent via email the following day in case you missed it.

Upon completion of that form, you will receive an email certifying your attendance and credit hours, this will serve as your credit letter for licensure. Please note, this email comes from a "noreply@qualtrics-survey.com" address and may be filtered to junk or spam. Please mark the address as safe so that you do not miss your credit letters.

If you have any questions or feedback suggestions about our continuing education, please email our project manager, Lilinoe Kauahikaua – Lkauahikaua@papaolalokahi.org or Lilinoe.Kauahikaua@aanhpi-ohana.org

Cultural Ritual

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Lilinoe Kauahikaua, MSW
Project Manager at 'Ohana CoE,
Program Coordinator at Papa Ola Lōkahi

WELCOME & INTRODUCTIONS – OPENING REMARKS

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Dr. Miriam E. Delphin-Rittmon

Assistant Secretary for Mental Health and
Substance Use

U.S. Department of Health and Human Services
Substance Abuse and Mental Health Services
Administration (SAMHSA)



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WELCOME & INTRODUCTION – OFFICE OF BEHAVIORAL HEALTH EQUITY

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Victoria Chau, PhD, MPH

Social Science Analyst

Office of Behavioral Health Equity

Office of the Assistant Secretary for Mental Health
and Substance Use

Substance Abuse and Mental Health Services
Administration

AANHPI 'Ohana Center of Excellence

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- Empowerment, education, and support
- Behavioral health resources, support, training
- Serving Asian American, Native Hawaiian, and Pacific Islander communities



The AANHPI 'Ohana Center of Excellence is funded by the Substance Abuse and Mental Health Services Administration (SAMHSA) and is coordinated by the Hawai'i State Department of Health in partnership with California State University – East Bay, Papa Ola Lōkahi, the Native Hawaiian & Pacific Islander Hawaii Response, Recovery & Resilience Team, and San José State University.



CAL STATE
EAST BAY



NHPIER

SJSU SAN JOSÉ STATE
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WELCOME & INTRODUCTIONS – PRESENTERS

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Lilinoe Kauahikaua, MSW
Project Manager at 'Ohana CoE,
Program Coordinator at Papa
Ola Lōkahi

Kumu Kanoelani Davis
Executive Director of
Ho'ākā Mana, Kumu Hula,
Kahu Pono in Native
Hawaiian Healing Arts -
Hō'ā Mana

John Oliver
PD, 'Ohana CoE, Public
Health Program Manager,
Maui County Branch Chief,
Hawai'i State Department of
Health | Ka 'Oihana Olakino

Kamaile Luke Wellness
Navigator Coordinator,
Hawai'i State Department
of Health | Ka 'Oihana
Olakino

Niki Wright, PsyD, CSAC, ICADC
Director, Ho'okuola Hale and
Malama Recovery Services, Staff
Psychologist/Faculty, Waianae
Coast Comprehensive Health
Center



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PAPA OLA LŌKAHI

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Lilinoe Kauahikaua, MSW
Project Manager at 'Ohana CoE,
Program Coordinator at Papa Ola Lōkahi

WHAT WE OFFER

Free Resources

Directories, downloadable tools, and resources near you.



Learning Opportunities

Free workshops, trainings, and online events.



Email 'Ohana

Keep up with the latest events, stories, and news by joining our email 'ohana



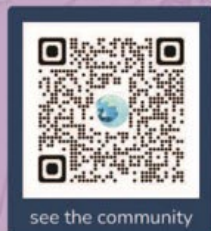
Technical & Training

Customized professional development, and training assistance.



Community Corner

Announcements, events, news, funding opportunities, and recommended reads.



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- **Learning Opportunities**
 - Culturally Tailored Training
 - Free CEs!!
 - Social Workers & Addiction certifications
- **Free Resources**
 - Downloadable tools
 - Searchable resources - language, location, population, culture
- **Technical Assistance**
 - Customized professional development
 - Culturally tailored to support needs
- **Email listserv**
 - Newsletter
 - Social media @Ohanacenter of excellence
- **community corner**
 - Announcements, events, news, funding
 - recommended reads

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Papa Ola Lōkahi



Native Hawaiian Health Care Improvement Act

The Congress hereby declares that it is the policy of the United States in fulfillment of its special responsibilities and legal obligations to the Indigenous People of Hawai'i resulting from the unique and historical relationship between the United States and the government of the Indigenous People of Hawai'i:

- To raise the health status of Native Hawaiians to the highest health level
- To provide existing Native Hawaiian health programs with all resources necessary to effectuate this policy



Reauthorized in 1992 as Native Hawaiian Health Care Improvement Act (NHHCIA)

(P.L. 102-396).

Reauthorized in 2010 via the Affordable Care Act.



Papa Ola Lokahi Kuleana

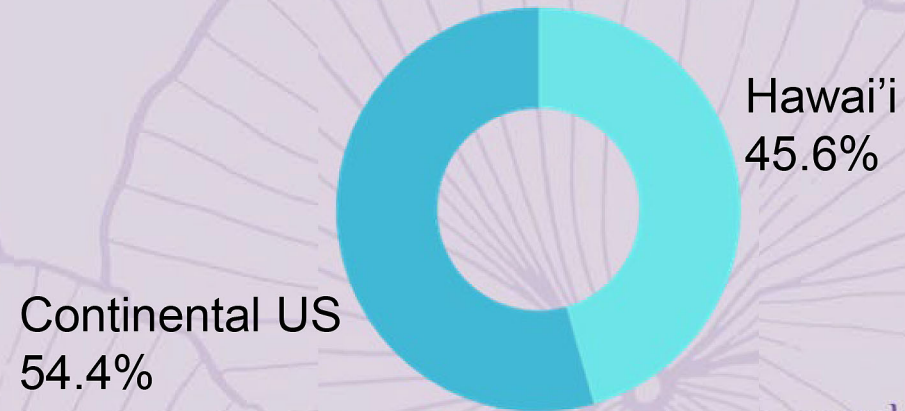
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- Hale 'Imi Hawai'i - Research & Data
- Hale o Lono - Communications & Engagement
- Hale Mana'o Ho'okō - Policy
- Hale Ho'ona'auao - Community Initiatives, Education & Training
 - Traditional Healing and Kupuna Council
 - LGBTQIA2S+ & Māhū
 - Substance Use & Mental Health
 - 'Ohana Center of Excellence - AANHPI Behavioral Health
- Nā Makawai – Grants
- Maui Ola Mālamalama – Workforce Development & NH helath Scholarship



Native Hawaiian Population



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Unique Histories, Experiences, Needs, and Strengths



Cultural & Historical Trauma

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Like other native peoples, the effects of colonization, assimilation, and acculturation have been devastating for Native Hawaiians. The chance arrival of Captain James Cook in 1778 unleashed five devastating interrelated forces still evident today:

- 1) rapid depopulation,
- 2) foreign exploitation,
- 3) cultural conflict,
- 4) adoption of harmful foreign ways,
- 5) Illegal Overthrow of recognized, sovereign Hawaiian Kingdom and
- 5) neglect, insensitivity, and malice from the dominant society (Blaisdell and Mokuau, 1991).



Cultural Reclamation

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Historical and cultural trauma affect multiple generations and are linked to Native Hawaiian health disparities.

The remedy for cultural trauma is cultural reclamation.

Bridge to Community

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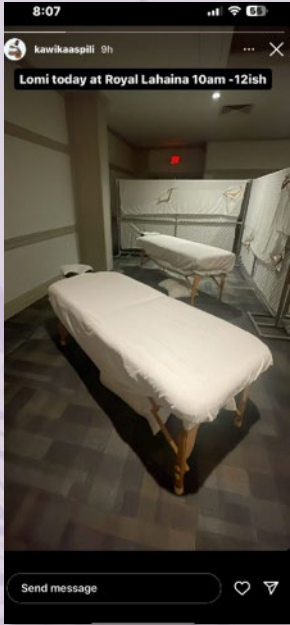
Ho'akā Mana, with the knowledge that cultural healing is a protective factor for harm reduction, we recognize the need to assess individually through observation and making connections. **Ho'akā Mana** offers care packages for safety, provisions, and gift cards for those in need

Kula no nā po'e o Hawai'i (Kula) held donation drives and took supplies to homestead communities affected on Maui. Homestead communities are very tight-knit. Papakolea Homestead has done extensive work conducting needs assessments on Native Hawaiian health needs within the homestead communities throughout Hawai'i.



Bridge to Community

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Kawika Aspili, a traditional healing practitioner, provided over 30 hours of lomilomi to 60 individuals impacted by the Lahaina fires. He traveled around providing both mele, music, and lomilomi massage healing at different sites where displaced individuals and 'ohana were staying.



Laulau Solutions believes that providing the community with access to land and traditional foods greatly helps to address addiction and mental health issues. This land serves equally as a place for people to express their energy, emotions, and gratitude for life and the opportunity to give back through working in 'āina. These practices have been proven to lower cortisol (stress) levels and return people who use substances to a state of health and wellness; the practice of poi pounding is a spiritual, emotional, and physical task. Providing the supplies to conduct this practice within the home is a multi-generational cultural tool for harm reduction.

Bridge to Community

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'Ohana Resource & Cultural Fairs – Maui Ola: Hui No Ke Ola Pono, Papa Ola Lōkahi, 'Ohana CoE, and other Maui-based partners have assisted the residents of Lahaina and upcountry Maui with navigating the disaster, recovery, housing, employment, mental health, insurance resources and more. We tapped into our NHPI 3R network to best reach the communities that weren't being reached. Since August, we have served more than 8,454 Native Hawaiian, Pacific Islander & Filipino residents.

Project partners: Project Vision, Lahui Foundation, Da Braddahs, Maui Ola Pharmacy, Papakolea Homestead, Hawaii Alliance of Pacific Islanders

HE LEO MAHALO

We would like to send a warm mahalo to each of our partners & volunteers for your contributions to create a healing space for Maui families to ho'omaha, ho'ōla, and ho'oku'u.

"Connecting one community member with mental health services made the whole day worthwhile."

Gave away 5 sets of papa & pōhaku ku'i'ai to families

Dispersed 300 nutritious Hawaiian plates

Distributed 100 lbs of poi & 100 lbs of kalo pa'a

Provided 11 diverse family & mental health services

I ola loa iā Maui,
Ka 'Ohana o Papa Ola Lōkahi



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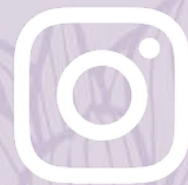
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Join us on Social Media

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Email me: Lkauahikaua@papaolalokahi.org

Lilinoe.Kauahikaua@aanhpi-ohana.org

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MALU I KA 'ULU

THE HAWAI'I RESILIENCY PROJECT

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Kumu Kanoelani Davis

Executive Director of Ho'akā Mana,
Kumu Hula, Kahu Pono in Native
Hawaiian Healing Arts - Hō'ā Mana

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Malu i Ka 'Ulu^{ISP}

THE HAWAI'I RESILIENCY PROJECT

Maui Wildfire Relief
Crisis Counselors
Maui, Molokai, Lana'i



HO'AKĀ MANA
Native Hawaiian Organization
PO Box 482278
Kaunakakai, HI 96748



WWW.HOAKAMANA.ORG



Who we are

We are an indigenous-led Native Hawaiian Organization on Molokai that services Indigenous peoples across the pae 'aina; State of Hawai'i and on the continental U.S. Our mission is to inspire healthier families by connecting 'ohana to Native Hawaiian practices focusing on emotional and mental well-being by establishing indigenous identity foundations through experience and education.

What we do

Malama kekahi i kekahi me ka ho'a malama.
Strengthening indigenous identity as a community to thrive sustainably through skill sets, self-sovereignty, and healing.

Centering

Providing space to center self to it's optimal well-being. Always starting each curriculum & project with the key to Ho'i I Ka Piko, which is O Wai 'Oe. Who you. This begins the journey to strengthening self-identity and healing.



Health

Mauli Ola or Optimal Health is a conscious aspect of our work with individuals & community. We aspire to create the safe spaces needed to secure vulnerability and openness through indirect approaches with culture as health model.

Culture

Identifying the counter aspect of our growth as indigenous peoples and peoples of Hawai'i allows for us to visit what was once taken from us. Being who we were meant to be and vitalizing our connection to what is innately within our spirits.



The Initiative

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Provide immediate cultural healing & prevention activities to assist individuals and communities in recovering from the effects of natural human-caused disasters by integrating Crisis Counselors, also known as 'Ulu, and providing EMS (emotional, mental, and spiritual) support with balance and equity.

1. Provisions for survival.
2. Organizational assistance within the community and natural areas for families and individuals to access resources.
3. Identifying the leaders within the community and providing necessary support under their guidance.
4. Creation of cultural and art workshops to provide safe and secure spaces for individuals and families to attend.



The Initiative

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Mental and Emotional

1. Action vs Emotion
2. Communication was limited to outside of Lahaina
3. Those inside of Lahaina were either hard at work in “action” to the next steps or hidden in their homes in darkness and silence.
4. Within the **first month**, there were ample amount of “outside” support, some were helpful and others were opposing.
5. After **month 2** things started to settle in, government help was more accessible and people had high hopes, due to the incident, many of their hopes became unsatisfied expectations that large governmental or non-profit groups could not provide quickly enough.
6. After **month 3** there were already 19 suicides and depression became prevalent. Temporary housing, invasion of privacy, and too many outside entities over-protecting were a lot of the effects.
7. After **month 4**, there were about 40 suicides unreported, and many families were removed from temporary housing due to insufficient information, compliance, or various other reasons. Of the 23 families we were working closely with 4 moved to the continent, and 3 to outer islands.



The Initiative

“ As wahine, we are in deep need of cultural resilience through these touch times. We have leaned on our counterparts for far too long and the journey to stand once again in our bodies and our mana is a gift.” – Anonymous Participant



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MO'OLELO: Sharing the journey

- From Crisis Counselor to 'Ulu; From Support to Pu'u Honua. How we integrate culture.
- Evolution and creating foundations
- Indirect Approaches
- Heal the healers
- Creating Healers within the community for sustainability.



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HO'AKĀ MANA
Native Hawaiian Organization
PO Box 482278
Kaunakakai, HI 96748

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BEST PRACTICES

Protocols

Ho'akā Mana's call to action: centering culture and community. In observing healing through crisis. We will share the use of culture as health value, indirect approaches, and a team-developed best practice and protocols to ensure both the safety and health of 'Ulu or Crisis Counselors and those they interact with.

- Authentic interactions of trust with workshops around art, culture & healing.
- Partnerships & Collaborations
- Health & Wellbeing of 'Ulu

MENTAL HEALTH SUPPORT & RESOURCES

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Implementing a Culturally Responsive Crisis Counseling Program (CCP) in Hawai'i

1. Embrace Cultural Concepts and Values of the Community.
2. Prioritize Community Engagement and Data Gathering
3. Deliver Culturally Responsive Services
4. Foster Collaborative Partnerships
5. Implement Trauma-Informed Care
6. Ensure Accessibility and Inclusivity
7. Promote Self-Care and Resilience
8. Cultivate a Supportive and Collaborative Workplace Environment



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Malu i Ka 'Ulu

THE HAWAII RESILIENCY PROJECT

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Native Hawaiian Organization
PO Box 482278
Kaunakakai, HI 96748





CONNECTING TO CULTURE ACKNOWLEDGING WISDOM FROM THE ANCESTORS

6 WEEK COURSE STARTING
SATURDAY JUNE 15TH @ 3 PM EDT

INFORMATION SESSION:

- WEDNESDAY JUNE 5TH @ 7:00 PM EDT

Link also available on IG: @hoakamana in the bio



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Malu i Ka 'Ulu
THE HAWAII RESILIENCY PROJECT



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BRIDGING ACROSS SYSTEMS AND CULTURES

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John Oliver


PD, 'Ohana CoE, Public Health
Program Manager, Maui County
Branch Chief, Hawai'i State
Department of Health
Ka 'Oihana Olakino



Kamaile Luke

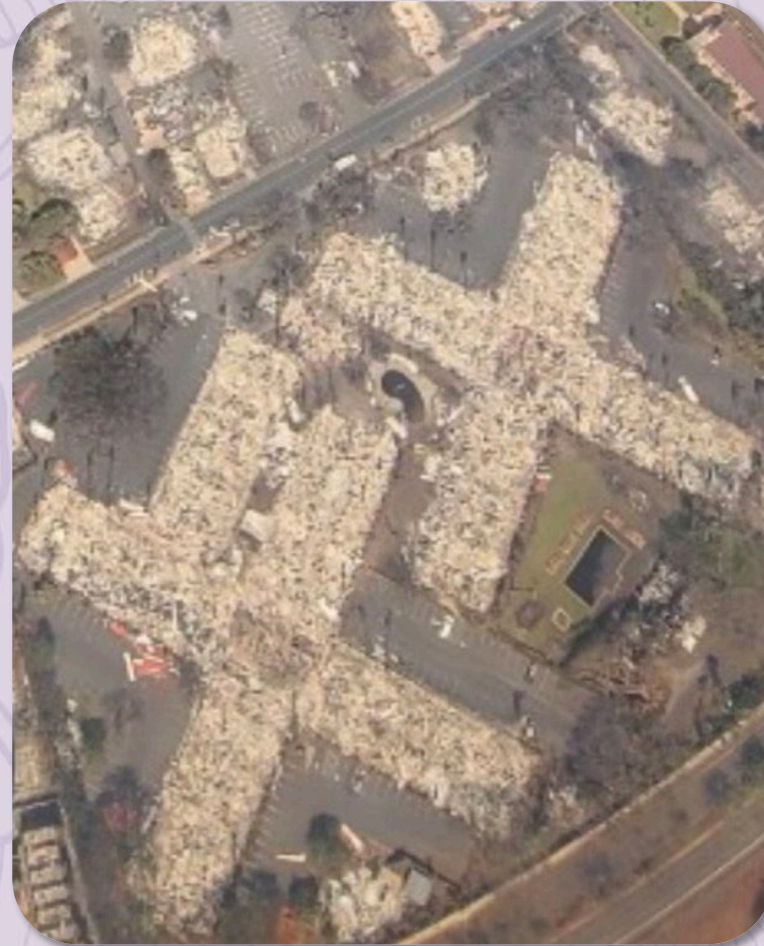
Wellness Navigator Coordinator,
Hawai'i State Department of
Health
Ka 'Oihana Olakino

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Shown here: Aerial view of Aina Nalu condo complex on Waine'e Street in Lahaina Maui - July 2023



Shown here: Aerial view of Aina Nalu condo complex on Waine'e Street in Lahaina Maui taken on August 10th, 2023.



Shown here: Members of the state of Hawai'i Department of Health along with volunteers from various Hawai'i organizations providing medical and behavioral health supports to impacted Maui community members at the Lahaina Comprehensive Health Center. Photo Credit: DOH.

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Shown here: Members of the commissioned corps of the US Public Health Service (USPHS) in August 2023 deployed to Lahaina, Maui. Photo Credit: DOH.



Shown here: Visiting representatives from Washington DC on August 29th offering support and seeing firsthand the devastation to Lahaina, Maui. Photo Credit: DOH.



Shown here: State of Hawai'i Dept Of Health behavioral health employees, Member of the commissioned corps of the US Public Health Service (USPHS), and Queens Health Systems behavioral health volunteers preparing pineapple for the wellness carts. Photo Credit: DOH.



Shown here: Dr. Lorrin Pang and John Oliver with the state of Hawai'i Department of Health and Dr. Miriam E. Delphin-Rittmon, Assistant Secretary for Mental Health and Substance Use in the U.S. Department of Health and Human Services and the Administrator of the Substance Abuse and Mental Health Services Administration (SAMHSA) during a visit to the Lahaina CCBHC on August 29th, 2023. Photo Credit: DOH.





Shown here: Donated Hawaiian Airline beverage carts for use at the non-congregate hotel shelters throughout Maui. Photo Credit: DOH.



Shown here: Wellness Cart stocked with donated items from the Maui Food Bank and other generous suppliers ready to be deployed to the non congregate hotel shelters housing impacted Maui community members. Photo Credit: DOH.

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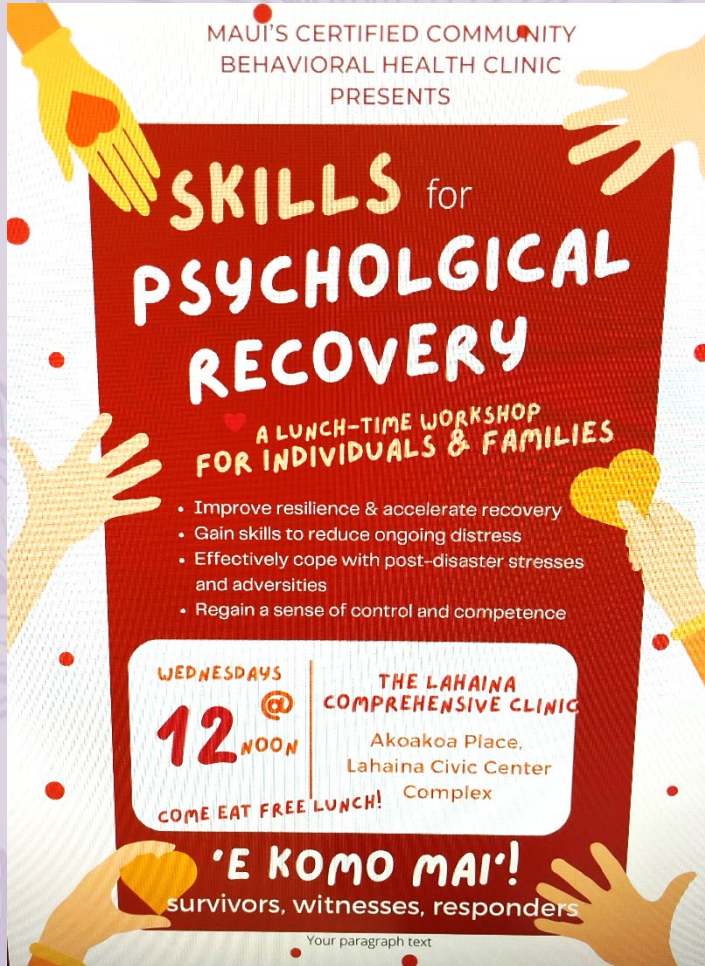


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First Attempt



Shown here: Original flyer we used advertising a support group at the Maui CCBHC. Photo Credit: DOH.

To

Final Version



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Shown here: Revised flyer to be culturally reflective and engaging. Support group attendance increased 200% using this flyer. Photo Credit: DOH.

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Shown here: DOH Behavioral Health Resource Table at one of the many resource fairs for individuals impacted by the Maui wildfires. This resource fair was in Pukalani and for residents impacted by the Kula fires. Photo Credit: DOH.

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Shown here: Counseling being provided by member of the commissioned corps of the US Public Health Service (USPHS) deployed to Lahaina, Maui. Photo Credit: DOH.

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Shown here: State of Hawai'i Dept Of Health behavioral health providers supporting Lahaina area schools' faculty and staff at the weekly community cooking group. Photo Credit: DOH.

Join us for a 5-week community cooking group designed for teachers and staff

LAHAENA, LET'S COOK!

FREE!

Thursdays
2:15-4:15pm
Lahainaluna Culinary Dept
Call/Text 508-2735 for more info

Space is limited! Register now bit.ly/38888888 or use QR code

Bring in recipes to cook together that remind us of home/love. Kitchen space and enough food provided for participants and their families.
Cook and Eat - Ohana Style

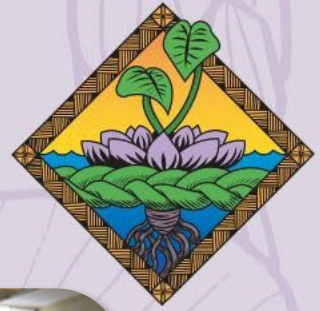
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Shown here: John Oliver with the state of Hawai'i Dept Of Health's behavioral health administration supporting a keiki of a Lahaina school teacher at the weekly community cooking group. Photo Credit: DOH.

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Shown here: State of Hawai'i Dept Of Health behavioral health employees and Member of the commissioned corps of the US Public Health Service (USPHS). Photo Credit: CCBHC Staff.



Shown here: State of Hawai'i Dept Of Health behavioral health employees.

Photo Credit: CCBHC Staff. aanhpi-ohana.org

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Shown here: Dr. Miriam E. Delphin-Rittmon, Assistant Secretary for Mental Health and Substance Use in the U.S. Department of Health and Human Services and the Administrator of the Substance Abuse and Mental Health Services Administration (SAMHSA) provides emotional support to a wildfire survivor in Lahaina, Maui. Photo Credit: DOH.



Shown here: John Oliver with the state of Hawai'i Department of Health and 'Ohana Center Of Excellence Project Director talking story and providing support to a Lahaina survivor at the Disaster Recovery Center. Photo Credit: DOH.

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Mahalo!

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HEALING WITH HEART ❤️: INNOVATIONS IN AANHPI HEALTH TO ADDRESS THE ADDICTION CRISIS IN HAWAI'I

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Niki Wright, PsyD, CSAC, ICADC
Director, Ho'okuola Hale and Malama
Recovery Services, Staff
Psychologist/Faculty, Waianae Coast
Comprehensive Health Center



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WAIANAЕ COAST COMPREHENSIVE HEALTH CENTER

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SAMHSA
Substance Abuse and Mental Health
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Location



Main Campus

86-260 Farrington Highway

Wai'anae, Hawaii 96792

Phone: (808) 697-3300



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47,774

Disproportionally high rates of cardiovascular disease, hypertension, diabetes, cancers, obstructive lung diseases, chronic kidney disease, and obesity.



\$17,800

Average per capita income is the lowest in the City and County of Honolulu (\$30,700) and the State (at \$29,500). 55.5% of the children in households are receiving assistance.



8.8%

The infant mortality rate in Wai'anae is the highest in the County (5.9%) and second highest in the State (5.6%).

The State of Mental Health

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(National Survey on Drug Use and Health, 2021)

- The percentage of Asian Americans and Native Hawaiian and Pacific Islanders who reported having any mental illness (AMI) in 2021 was 16% and 18%, respectively
- Only 25% of Asian Americans received mental health services compared to non-Hispanic Whites (52%)
- Suicide was the leading cause of death among Asian Americans and Pacific Islanders, ages 10 to 19 and the second leading cause of death among those ages 20-34
- 8% of Asian Americans and 15.7% of Native Hawaiian and Pacific Islanders reported have a substance use disorder, 11% of Asian Americans reported illicit drug use in the past year, and 7% reported unmet treatment needs

DRUG USE IN HAWAI‘I

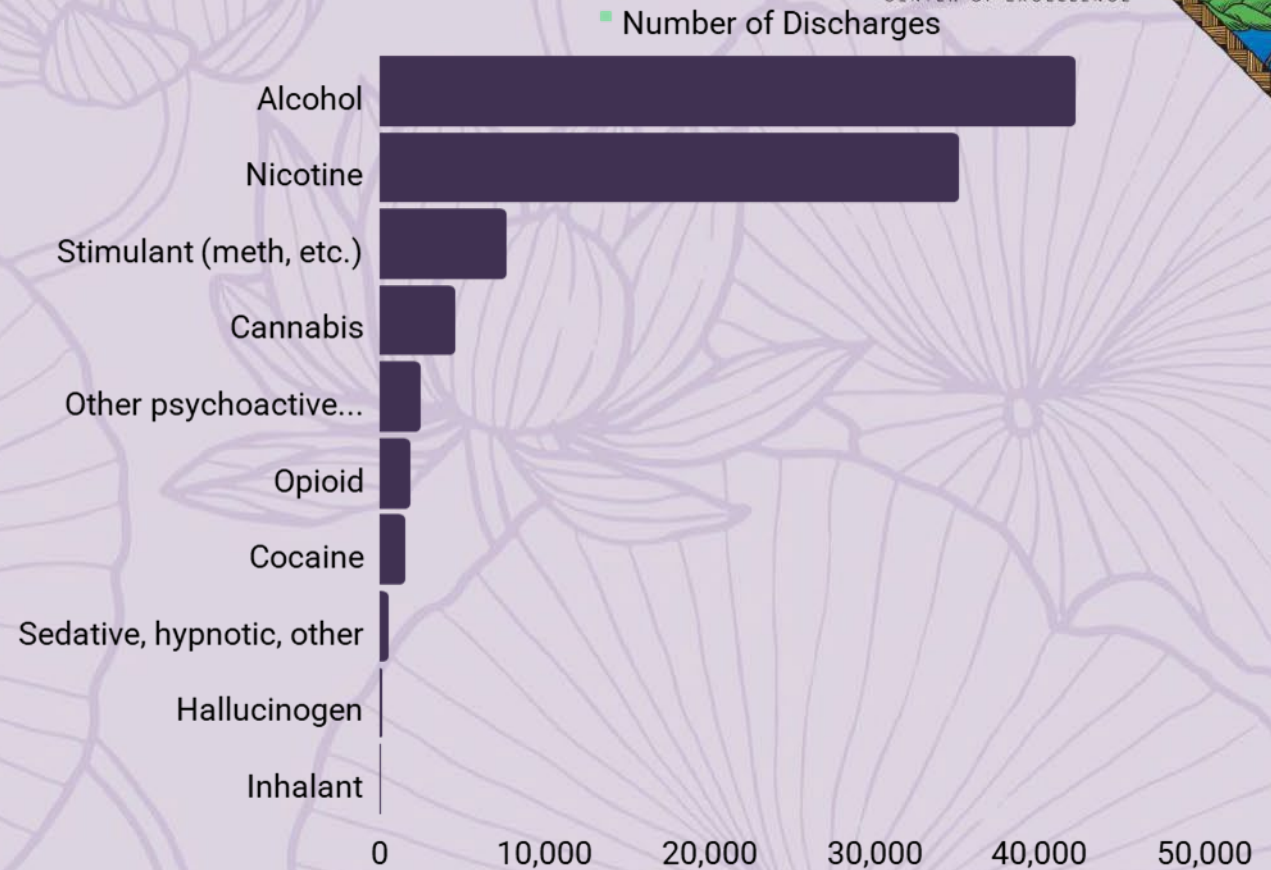
2018 - 2022: Number of Emergency Discharges Related to Substance Use

67,879

Number of Unintentional/Undetermined Overdose Deaths (2021)

248

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State of Hawaii, 2022

Mālama Recovery Services | Ho'okūola Hale

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Our Mission

“To provide lasting relief and improved quality of life through a comprehensive range of services, as unique as each person, to ensure that no life is limited by addiction or pain.”



Clinic offers integrated approach to pain management

By Treena Shapiro

As communities across the nation grapple with an opioid epidemic, the Waianae Coast Comprehensive Health Center has opened a new pain management clinic that uses an integrated approach to reduce reliance on narcotic medications.

“We owe our patients much better than they’ve been getting,” said Dr. Winslow Engel, the pain management program’s clinical director. “They’re suffering not only from the pain, but also the treatments.”

Ho’okūola Hale opened its doors last October and within six months was treating 350 patients with chronic pain. The clinicians employ a variety of strategies – traditional Hawaiian healing and



Cultural educator Makani Tabura talks about artwork by Sooriya Kuma at the Dr. Agnes Kalaniho’okahā Cope Native Hawaiian Traditional Healing Center. - Photos: Jean McAuliffe

that and direct people to the things that really help them more,” Engel program director Dr. Niki Wright.

Wright noted some doctors across the nation and in our state are no longer willing to prescribe narcotic painkillers in light of the opioid crisis, however, cutting off medication abruptly can lead to other complications. “They go through this terrible physical withdrawal so they end up buying

backward if someone has not yet started on opioids. That’s a set of shackles that no one really wants if they understand it completely.”

Cultural activities may also be part of the treatment – Hawaiian practices like lomilomi, lei making and hula may be employed, as well as healing practices from other cultures. Director of of Hā Ola Village Dr. Kyle Chang developed the health center’s cultural village with the oversight of their Elder’s Council to offer Hawaiian cultural practices to inspire patients to become empowered in their healing and well-being. The health center’s resident artist Sooriya Kumar will also have a role, incorporating meditation, arts and crafts



Outcome Measures



First two years of chronic pain management services

- 1,488 patients
- 15,660 encounters
- Significant reduction in low acuity ED visits
- Significant reduction in patients' opioid dose

IOP = Increased positive outcomes by over 25%



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Local News

Local health plan AlohaCare now covers Native Hawaiian healing practices

Hawaii Public Radio | By [Ku'uwehi Hiraishi](#)

Published August 16, 2022 at 3:42 PM HST




This is the first case of insurance paying for cultural services in the State of Hawai'i.



ALOHA CARE

aanhpi-ohana.org

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What our *haumana* have to say...

Anonymous feedback collected in 2023



“I was empty. Something was missing inside me. Until I figured out who I am and where I came from in culture class.”



“Makani and Kupu showed me there’s a different way to live my life.”



“Fear is not an effective motivator.”



“My *kumu* is someone I can talk to.”



MORE COMMENTS

“My *kumu* talked to my girl.”

“My *kumu* believes in me. He gave me hope.”

“Learning about my culture makes me feel better.”

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Enhanced Trust: Builds trust between healthcare providers and diverse patients, leading to better communication.

Health Equity: Reduces disparities and addresses social determinants, promoting equitable healthcare.

Cultural Competence in Healthcare: Key Benefits

Effective Care: Tailors treatment to cultural preferences, improving adherence and outcomes.

Mahalo

'OHANA
CENTER OF EXCELLENCE



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SAMHSA
Substance Abuse and Mental Health
Services Administration



ASK QUESTIONS IN THE Q&A BOX



CLOSING REMARKS

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EVENT MATERIALS AND RESOURCES

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Recording, transcript, slides for this event will be available:

share.nned.net

And

<https://aanhpi-ohana.org/event/the-power-of-asian-american-native-hawaiian-and-pacific-islander-cultural-practices-in-healing/>

Follow us on social media: **#AANHPIHeritageMonth** and **#SAMHSAEquity2024**

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Stay informed about the latest resources, upcoming workshops and trainings, and community stories via email.

Visit <https://aanhpi-ohana.org/contact/email-subscribe>



Take Our Event Survey

Dear AANHPI 'Ohana Center of Excellence friends,

Thank you for participating in this event! I am pleased to invite you to participate in a post-event online Qualtrics survey. The purpose of the survey is to evaluate the effectiveness of our events/trainings/workshops to increase the accessibility and awareness of Asian American, Native Hawaiian and Pacific Islanders to mental health care services and addiction recovery care in the U.S.. This information and analysis will also help regional behavioral health care providers and AANHPI community organizations better serve communities. As a token of appreciation, you will be able to enter a raffle for a \$25 gift card for each survey. There will be 1 winner in every 10 participants. Please click this link if you are interested in participating in post-event survey which will take 15-20 minutes:

https://sjsu.qualtrics.com/jfe/form/SV_5dvsbv6L3zCp2m

Thank you for your time and consideration! If you have any questions regarding this survey, please email the AANHPI 'Ohana Center of Excellence Evaluator Dr. Ni Zhang at

ni.zhang@aanhpi-ohana.org

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Thank you for Joining!

**THANK
YOU**