

# AN EXAMPLE OF CROSS BORDER COLABORATIOON WITH MIGRANT WOMEN



# TEXAS PUBLIC HEALTH ASSOCIATION ANNUAL EDUCATION CONFERENCE VIVA PUBLIC HEALTH

BORDER PUBLIC HEALTH SESSION

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#### **OUR PARTNERS**













Department of Psychiatry











Centro Comunitario Presidio Dolores in San Elizario Programa Compañeros in Ciudad Juárez Casa Amiga in Ciudad Juárez Fiscalía del Estado en Chihuahua

Sponsored by the College of Health Sciences CAP<sup>2</sup> Project: Voices & Images of Migrant Women Domestic Violence, Sexual and Reproductive Health [UTEP IRB 336186-1]

Translation by the Department of Languages and Linguistics at UTEP

## **Goal and Aims**

#### Goal:

Increase awareness of the impact of domestic violence on sexual and reproductive health on Mexican migrant women.

#### Aim:

- Train 16 community partners and academic scholars on the use of the Photovoice method.
- Recruit and train 22 migrant women to identify culturally-specific elements of domestic violence, sexual and reproductive health through Photovoice.
- 3. Provide rich qualitative data describing the effects of domestic violence on sexual, and reproductive health on migrant women in the border region.
- 4. Support and mobilize migrant women to present their perspectives on sexual and reproductive health to policy and decision makers.
- 5. Conduct formative research to inform services, policy and education efforts on domestic violence, sexual and reproductive health.

# **Photovoice Defined**

Photovoice involves community people taking pictures of their own health realities followed by small group conscious-raising discussions and presentations to devision makers

Photovoice method was initially developed by Drs. Caroline Wang and Mary Ann Burris <a href="www.photovoice.com">www.photovoice.com</a>

# Photovoice Steps

- 1. Form an Advisory Committee
- 2. Recruit participants (e.g., inclusion criteria)
- 3. Conduct participant orientation and ethics training
- 4. Have participants take photos
- 5. Convene participant meetings to discuss photos
- 6. Repeat steps 4-5 several times
- 7. Prepare presentations to decision makers

# **Photovoice**

- Enables people to record and reflect upon their personal and community strengths and challenges
- Promotes critical dialogue and knowledge about personal and community issues through group discussion of photographs
- Reaches decision and policy makers to create positive change in partnership with communities

# **Theory**

- Empowerment and Critical Thinking
  - Participants identify, discuss, and address historical, institutional, political, and social conditions that contribute to personal and community problems (Freire, 1970; Hall & Stevens, 1991; Feminist writers)
- Feminist Theory
  - Each individual has a specific history, a particular experience configured by class, race, gender, sexuality, family, country, dislocation, and alliance. These histories are mediated through the types of representation available in the culture
- Approaches to documentary photography

# **SHOWeD Questions**

- What do you See here?
- What is really Happening here?
- How does this relate to Our lives?
- Why does this situation, concern, or strength exist?
- ➤ What can we Do to improve the situation, or to enhance these strengths?



# 2. Recruitment and Training of Women... Their Characteristics

| Agency Partners         | Diocesan Migrant & Refugee Services |                         | Familias Triunfadoras |   |
|-------------------------|-------------------------------------|-------------------------|-----------------------|---|
| Number of Participants  | 11                                  |                         | 11                    |   |
| Origin, Social Status   | Mexican Migrants                    |                         | Mexican Migrants      |   |
| Domestic Violence       | 100%                                |                         | 100%                  |   |
| Age Range (average)     | 16-50 years (38)                    |                         | 19-72 years (45.5)    |   |
| *Education (average)    | 9-20 years (14.6)                   |                         | 6-17 years (11.5)     |   |
| Health Insurance (type) | 1 (private plan)                    |                         | 2 (Medicaid)          |   |
| *Occupation             | 3                                   | *Domestic Work          |                       | 0 |
|                         | 2                                   | Service Industry        |                       | 1 |
|                         | 5                                   | Professional            |                       | 3 |
|                         | 1                                   | Student                 |                       | 3 |
|                         | 1                                   | *Unemployed             |                       | 9 |
|                         | 0                                   | *Promotoras (volunteer) |                       | 6 |

# 2. Recruitment and Training of Women... Community Group Characteristics

| Community Site                              | College of Health<br>Sciences                         | Presidio Dolores Center                             |  |
|---|---|---|--|
| Number of Sessions,<br>Frequency (duration) | 5 weekly (3-4 hours each)                             | 4 weekly (3 hours each)                             |  |
| Characterization                            | Entrepreneurs   | Volunteer health<br><i>Promotoras</i>               |  |
| Violence<br>(Past or Current)               | Intimate Partner Violence – free (at time of study)   | Some evidence of current/on-going domestic violence |  |
| Therapeutic Support                         | Participating in psycho-<br>educational interventions | Community oriented                                  |  |

# 3. To provide rich qualitative data through Photovoice....

# Manifestations of Domestic Violence

## PAIN AND HELPLESSNESS

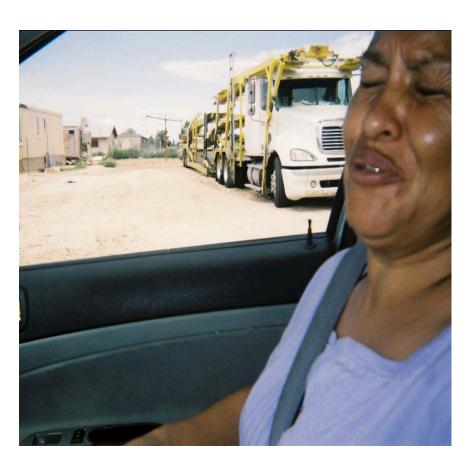




"These are my legs. When I was physically abused, I went through a lot of pain. I have lived a serious and traumatizing experience of domestic violence that I don't wish on anyone. To me, this was dramatic and disturbing; I lived all this in front of my children. It made me feel powerless to look at them scared and feel I couldn't help them. Let's raise our voices and don't let ourselves be abused!"

**Anonymous** 

## **VIOLENCE AGAINST WOMEN**



"Physical and emotional abuse affects everything in our lives. In my sister, it (abuse) affected her nerves, she now has facial paralysis. We need to help women so that they recognize when they're being abused so they can escape and don't allow be crushing and humiliating. Leaving the fear behind, reporting the aggressor, seeking shelter and protection is vital. The Violence Against Women Act grants protection to women so they can get on with their life. Without economic independence they may not have enough money and may end up in the streets. I also lived in domestic violence."

# Impacts on Sexual and Reproductive Health

### **NAKED WOMEN**



"When I cover myself with my hands and say "no more", it is because I don't want to be forced to have sex without being respected and loved. I am learning how to say no. By being submitted to the violence of our culture and our partner, we are not exercising our right to demand when we want to have sex. It is important to recognize where our sensuality ends and abuse starts. Let's learn to say when and how we want to have sex!"

Berenice

## **SHAME**



"Many women aren't happy, they live with fear and are afraid to say they have a Sexually Transmitted Disease (STD) such as HIV/AIDS for the risk to be pointed at or discriminated. We need more education to stop the discrimination against other people."

Elsa

# Recommendations to Improve Sexual and Reproductive Health Services

### **NEGLECTED BOOKSHELVE**



"Sometimes we see free information and we do not take it into account, we ignore it, because we say that it will not happen to us. Ignorance, fear, taboos and the shame will not save us from sexually transmitted diseases or unwanted pregnancies, no matter our age and background. Having access to information and education that is easy to understand as well as having other woman and man like promotoras(es). I learned through the years that we must not blind ourselves to violence and abuse because of ignorance or the fear to know."

María and Alejandra

### BREAKING THE CYCLE OF VIOLENCE



"These are children living in a place for families victims of domestic violence. When I watch them play, I can see they adopt the role of victims or aggressors, since a very young age. They are in a vicious circle. Let's break the cycle putting an end to violence at home."

Martha

### 4. To support and mobilize migrant women...

#### Call to Action to Improve Women's Health

Violence against women has no geographic, cultural or social borders

To prevent and address Violence against Women and improve Sexual and Reproductive Health in this community:

- Increase the visibility of people affected by violence, their stories, lives, worries, concerns, vulnerabilities and aspirations.
- Work for **equality.** For gender equality, women must live free of violence; equality will be achieved when violence and threats are eliminated from their lives.
- Raise awareness about violence against women and their sexual and reproductive health to authorities, law makers, opinum leaders, and the community in general.
- Include prevention and attention to violence in every work setting to increase the level of knowledge on its impacts against women, their health and their children.
   Violence against women put women and their children at risk of suffering different types of emotional and physical health problems.
- More and better strategies in those services needed and/or used by women.
- Sustainable and permanent **funding** for services and interventions for women, girls and aggressors through mechanisms effective for that community.
- **Timely and quality access** to sexual and reproductive health through life. Use of a Women's Health Card.
- Education as a tool for women's empowerment

## **Project Milestones**

- Evidence of participant empowerment, increased self-confidence, successful referrals to health, legal and social services, re-enrollment in school (GED, ESL, EPCC & UTEP) (6/2012-Present)
- Establishment of a Community Academic Engaged Advisory Committee (6/2012)
- 2012 International Women's Health Summit Maya Angelou Center. North Carolina
   Project presentation (9/27)
- 1st Mano y Corazon Conference. El Paso Project presentation (10/2)
- Inauguration of XII Binational Health Week. Oaxaca Panel presentation (10/2)
- Closure of XII Binational Health Week. El Paso Gallery Opening (10/15)
- Mujer Despierta Maria Herta. Red Nacional de Mujeres Latinas en Accion. Chicago –
   Press conference, presentation and gallery. (10/18)
- Gallery presentation at UTEP CHSN (10/22-11/3)
- Presentation of Gallery to Dr. Natalicio HSNB by project participants (10/31)
- Ongoing project media coverage (i.e., UNIVISION, UTEP, Communications, AZTECA, KFOX, Chicago National (CAN), Diarios de Juarez and El Paso, and El Paso Times)
- Production of 11 minute project documentary by MSW Graduate student (Silvadoray)
- Submission of a project continuation proposal to the Hispanic Health Research Disparities Center.
- Project manuscript in development.

### **ADVISORY COMMITTEE**

Heidi Renpenning, UNIVISION Omar Martinez, JD, Columbia University Dr. Hector Ocaranza, City of El Paso Department of Public Health Lic. Berenice Córdoba, Consulado General de México Guadalupe Perez-Gavilan, Consulado General de México Dr. William Wood, University of Wisconsin-Milwaukee Dean Kathleen Curtis, PhD, College of Health Sciences Stephanie Karr, Center Against Family Violence Karina Zazueta, Indiana University Law School Maria Covernali, Familias Triunfadoras, Inc. Frank Desales, Familias Triunfadoras, Inc. Carliene Quist, UTEP MSW Program Dr. Irasema Coronado, Political Science UTEP Irma G. Casas Franco, Casa Amiga AC Dr. Michael Kelly, Paso del Norte Health Foundation Daniel Silvadoray, UTEP MSW Program

# The Consulate General of Mexico in El Paso, Texas cordially invites you to the closing ceremony of the XII Binational Health Week



#### Save the date

October 15, 2012 / 1-6 pm UTEP College of Health Sciences and School of Nursing - Room 217

#### Program

#### UTEP College of Health Sciences and School of Nursing

- \* 1:00 pm Registration
- \* 1:30 pm Ceremony
- \* 2:00 pm Panel: Challenges and Opportunities in U.S. Mexico Border Health

#### Centennial Museum and Chihuahuan Desert Garden

- \* 4:00 pm Opening of the exhibition "Voices and Images: Migrant Women, Sexual and Reproductive Health and Domestic Violence"
- \* 4:30 pm Tour of the exhibition "Nuestra Casa"
- \* 5:00 pm Reception

UTEP College of Health Sciences 1851 Wiggins Rd. El Paso, TX 79968 Centennial Museum 500 West University Avenue El Paso, TX 79968







Meeting with Dr. Natalicio and Project Participants



# **Other Photovoice Project Impacts**

## Results from the Training of Trainers

- Adaptation of Photovoice by Center for Accommodations and Support Services for the 1<sup>st</sup> Disability Awareness Week
- ToT of facilitators and establishment of 5
  groups with personnel of the Fiscalía del
  Gobierno del Estado de Chihuahua Atención a
  Víctimas (Crime Victims)

# **Next Steps**

- 2<sup>nd</sup> Gallery exhibit at the Mexican Consulate in El Paso (Nov.15-Dec. 22)
- Spring 2012 Gallery presentations in the San Elizario School District
- Explore strategic presentations in Austin,
   Washington DC, Ciudad Juárez, Baja California and Mexico City.
- Publication of the project in peer-review journals.

# **Project Acknowledgment**

María, Vargas, Belia, Imelda, Alejandra, Rosa, Maribel, María, Mónica, Luisa, Karla, Elsa, Lucia, Norma, Berenice, Martha, Lourdes, Mayra, Yudith, Sofía and participants that prefer to remain anonymous.

Thank you for your participation, insight and strength. The milestones you accomplished are the result of your choice to change the cycles, the personal and family histories and to advocate for the social wellbeing.

Thank you for your kindness.

# Thank you

For more information

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## **MEDIA COVERAGE**

**UTEP NEWSLETTER.** Junio 5, 2012

http://universitycommunications.utep.edu/newsletter/06.05.12/newsletter.html

#### **CANAL UNIVISION**

PRIMERA. Julio 18, 2012

http://www.kint.com/noticia/2012/07/18/395423-violencia-domestica-salud-sexual.html

SEGUNDA. Agosto 1, 2012

Programa de la Frontera (30 minutos)

TERCERA. Agosto 22, 2012

http://www.kint.com/noticia/2012/08/22/409486-voces-imagenes-mujeres-migrantes.html

CUARTA. Septiembre 2, 2012

http://www.kint.com/noticia/2012/09/02/412675-victimas-violencia-domestica-comparten-sus-historias.html

#### EL DIARIO DE EL PASO, TX.

Septiembre 2, 2012

http://www.diario.com.mx/notas.php?f=2012/09/02&id=3caeda41513c2df9536b9370920e5b9b

Septiembre 3, 2012

http://www.diario.com.mx/notas.php?f=2012/09/03&id=c448c8b01b8aeb95874de39a9f4b0fef

#### **OTROS MEDIOS**

http://daymix.com/Imagenes-Predisenadas/

http://search.mexico.lainformacion.com/noticias/voces-e-imagenes/

http://www.clipsyndicate.com/video/playlist/1805/3716413?title=broadcast\_local\_2

http://archivo.mexico.lainformacion.com/noticias/2012/09/2/12/

## **MEDIA COVERAGE**

#### XII SEMANA BINACIONAL DE SALUD. OCTUBRE 2 DEL 2012

http://www.semanabinacionalmexico.org/panelistas/esp/

http://hia.berkeley.edu/index.php?page=binational-policy-forum

#### CONFERENCIA DE PRENSA. MUJER DESPIERTA. OCTUBRE 18 DEL 2012

**CAN TV** 

http://www.youtube.com/watch?v=Q7ThjCDZYCE

UNIVISION

http://univisionchicago.univision.com/videos/video/2012-10-18/latinas-en-accion-violencia-domestica-chicago

**UTEP MAGAZINE. WINTER 2013** 

http://utepmagazine.utep.edu/